Office of the Principal Government College, Barwala, Panchkula

Notice

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No 142/24

Laughter and Yoga Session

This is to inform all students that the Happiness Club is organizing a Laughter and Yoga Session on 4th December 2024 at 11:00 AM in the Happiness Club.

The session aims to promote mental well-being, relaxation, and a positive outlook through laughter therapy and yoga practices. All are encouraged to participate.

Jule.
Dr. Shubha

Happiness Club Incharge Government College, Barwala Government College, Bandvala, Panchkula